

# What is YLP?

The Youth Leadership Program is designed for Girls Inc. members of age 11– 15. This program teaches the girls leadership skills in their schools, in the Girls Inc. facility and in their community. Throughout the program girls will learn a series of life lessons. They will learn the history of their community, how to help their community and people in it, how to help kids like them and how to work as a unified group.

Members of YLP will earn points for completing activities. Points will add up toward a weekly “goal” or fun field trip as a reward for completing their accomplishments.

Girls in YLP will also attend weekly fieldtrips pertaining to the subject matter of the week. These trips may include volunteer work, visiting historical sites, or planning their own outreach activity (i.e. a food drive, clothing drive, etc..)

For more information on YLP please contact Joyce Slack at the Girls Inc. office.

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# girls inc.

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Youth Leadership Program

# YLP girls inc.



**For Girls  
Ages  
11—15**

- ◆ Become a leader and help your community
- ◆ Advocate for girls like yourself
- ◆ Obtain skills and training for future jobs
- ◆ Learn team building skills and make lifelong friendships
- ◆ Be rewarded every week for your accomplishments!

# Calendar of Events

## JUNE

5TH: Volunteer for Teen Action Support Center in Rogers, AR for Tour de Fun Race. **PLEASE BE AT THE CENTER BY 8:30A.M. AND BRING A LUNCH/MONEY FOR LUNCH.** (weather permitting, we may also visit the Promenade Shopping Area so bring money if you would like to shop)

8TH: Malco Theater for a Movie. \$8 PER PERSON

12TH: Set up animal food drive donation collections.

13TH: National Historic Site Building Tour. **PLEASE BE AT THE CENTER BY 8:30A.M.**

15TH: Wheels In Motion. \$6 PER PERSON.

19TH: Volunteer at Sebastian County Humane Society. Bring donations from animal food drive.

20TH: Trolley Tour. **PLEASE BE AT THE CENTER BEFORE 9A.M.**

22ND: Woolly Hollow State Park. \$4 PER PERSON. **BRING A LUNCH. PLEASE BE AT CENTER BY 7:30A.M.**

26TH: Beautify Fort Smith. Help clean up the park & pedal boat rentals \$5 PER PERSON (Carol Ann) **PLEASE BE AT THE CENTER BEFORE 9A.M.**

27TH: Van Buren Center for Arts and Education

29TH: Northwest Arkansas Mall. MONEY FOR LUNCH AND SHOPPING.

## JULY

3RD: Set up food drive donation collections.

5TH: Clayton House Tour. **PLEASE BE AT THE CENTER BEFORE 9 A.M.**

6TH: Pizza Warehouse

10TH: Bring food drive donations to Food Bank.

11TH: National Historic Site, First Fort Smith Tour. **PLEASE BE AT THE CENTER BY 8:30A.M.**

13TH: Big Splash in Tulsa. PRICE TBA. **PLEASE BE AT CENTER BY 7:30A.M.**

17TH: Volunteer for hospice. Help with yard work and cleaning.

18TH: Tour of Fort Chaffee. **PLEASE BE AT CENTER BY 8:30A.M. AND BRING A LUNCH.**

20TH: FUN DAY! \$5 PER PERSON

24TH: Beautify Fort Smith. Clean up the park. (Creekmore)


25TH: TBA

27TH: Wild River Country. PRICE TBA. **PLEASE BE AT CENTER BY 7:30A.M.**

*\*\*All trips and events are subject to changes. In case of cancellation, rescheduling or changing of plans, YLP members will be notified as soon as possible.*

# Girls Inc. Youth Leadership Program Summer 2012

## Can You Commit?



Girls Inc.'s Youth Leadership Program will be part of our regular summer program. Girls of age 11-15 are welcome to sign up to be a Youth Leader and take part in the YLP program as long as they are members of Girls Inc. and

have signed up for the regular summer programming we provide. We ask that all who wish to become a member of YLP realize that this is an eight week commitment which takes responsibility, punctuality and hard work! Those who are willing to take on the challenge of being a Youth Leader will be rewarded for all their accomplishments!

We ask that all YLP members are willing and able to partake in ALL activities. Please refer to our calendar of events to be sure that you are able to commit to these activities and all that they entail.

## Daily Breakdown

Every morning we will meet at 9a.m. for our daily YLP meeting. During this meeting, we will discuss what our plans are for the day or prepare for the activity we have planned. Lunch will be served at 11a.m.–12p.m. YLP members are allowed to partake in the daily swim with the older group at 12:30p.m. or have a “free time” in the center during this time. All YLP members will go to the younger swim for lifeguard/assistant supervision training. Around 4p.m. YLP members will have their group involvement time which may be a game or activity that they decide and partake in as a group. YLP members may be asked to volunteer as assistant supervisors to Girls Inc. staff for the remainder of the day.

## The “Points” System

For every activity completed, a YLP member will receive points toward a goal. For attending the morning meetings all YLP members will receive 1 point. For coming to the younger swim for lifeguard and assistant supervision training all YLP members will receive 2 points. YLP members may earn extra points at unspecified amounts for going above and beyond or for doing extra volunteer work in the center for staff throughout the day.

### MONDAYS

Every Monday is YLP's Fundraiser Preparation Day. Members will participate in baking, making and planning fundraising events to help go toward discounting their fieldtrip prices and planning their outreach activities.  
2 POINTS FOR INVOLVEMENT.

*(\*\*Girls Inc. has applied for a grant that may also lower the cost of some field trips. Listed prices may end up being lowered. In this case, YLP members will be notified of the new prices.)*

### TUESDAYS

Every Tuesday is YLP's Community Outreach Day. We will be out of the center for an hour or two in the mornings after our meeting on these days.  
6 POINTS FOR INVOLVEMENT.

### WEDNESDAYS

Every Wednesday is YLP's History in Our Community Day (with the exception of July 5th which is a Thursday). Please refer to dates for specifications on times that we will need YLP to be at the center.  
4 POINTS FOR INVOLVEMENT.

### THURSDAYS

Every Thursday is YLP's Teamwork Building Day. Every Thursday we will work on our teamwork skills and spend part of our day playing games and partaking in activities that will require extensive team work and group skills. This will teach girls to work together and create a group bond. We will learn that no great leader has to work alone to be great!  
3 POINTS FOR INVOLVEMENT.

### FRIDAYS

Every Friday is YLP's Fun Fieldtrip Day! Members will need AT LEAST 15 POINTS to attend. Please refer to dates for specifications on times that we will need YLP to be at the center.